

Meeting 021: 16-Feb-2021

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UK session

Attendees: Robin, Paula, James, Gwynne Mayer, Ofelia Lopez, Robert Davis, XJ, Brigitte Dempsey, Robert, Aaron Settles, John, Michelle F, Lynn Elliott, Carole Orem

J: Last week discussing the donkey having as many as four legs. What was the comment you were going to make?

RB: In order to be able to generate the energy for the rest of the being it is necessary for the horse to have more than 2 legs. There is a way of viewing animals – almost all 2 brained beings are representatives of an emotion. 2 brained beings are by and large four legged – not birds – but they normally symbolize intellect.

J: Lion – found in Paris meetings p70 reference to Lion that may or may not be applicable. Why is sheep clean and lion unclean.

Read from Paris Meetings p.70: it is a 'lion' that is so touchy that just thinking about it is enough to wake it up. I see what an appalling amount of energy is lost at that moment. It's like a runaway machine. Mme de Salzman: There is only one force then, only one part of yourself. To make another force appear, a super-effort is needed, an enormous effort that is not ordinary.

Can be considered unclean because it is so powerful and we want to ignore it. Weaker emotion that we could believe we control can be considered as a clean animal.

RB: We have a series of tame emotions that are not disruptive at all. You don't even notice and don't even name it. Don't have to struggle to master it – completely benign.

GM: If lion has more instinctive rage – sheep instinct is to graze ... deeper rage filled survival effort. Depth of emotion – waking lion in us, waking all centers, specially sex center. Safer to stay with the sheep level.

RB: How man lions do you know, compared with sheep you know.

GM: Used to walk around lion's cage in San Diego ...

RB: People in the Work may have achieved a lot with emotion and outside of the Work entirely out of control emotionally. When J mentioned super-effort ... one of the ideas presented in ISOM that people ignore. G says only super-efforts count. Explains what it is and it isn't something that imbues all your efforts. Super-effort connection between centers (all) unlimited supply of H12 goes into all centers and self-remembering continues for a long time. Ability to control this lion – would become man no.5 very quickly.

GM: Would have to determine how to take the rogue part – emotional center – and have to take moving and intellect and keep in place.

RB: Remember reading about 2 controllable elephants and how valuable I thought it was. We have lots of problems, but with most people the emotional center is out of control. Negative and expresses negativity without being able to stop it. Best you can do is walk away. Realised there is a process/technique, changed things. Love to be able to say I had cleaned out the Augean stables. One of the labours of Hercules – complete allegory for cleaning out emotional center. Vast amount of horses ... Hercules task to clean them and diverted a river and washed away all the crap from the horses. After he did it he killed King Augeas. River is a symbol of knowledge. 2 controllable elephants is same thing.

GM: Labours of Hercules go in a sequence ... interesting is the cleaning out part – a lot of work. First got to see it to clean it – observe it. Sheep more cleansing – carnivorous/meat eating.

BD: Water is emotional – don't see how you could clean them

RB: Technique on side of intellect is active reasoning – invokes higher emotional. Connects from beneath to higher emotional center. You are in a situation and somebody insults you – call you lazy – immediately out comes the lion – technique is this: 1) you are indeed lazy and what they pointed out is accurate and you have to thank them. 2) they just don't like you and insult and you have to have compassion for them because they think they can damage you with that. That is active reasoning – one of the elephants. Point you at the higher emotional center.

LE: Carnivorous murderous thing when someone stands on one of your corns. Water washing away, but observation when in that lioness behaviour gives a hint of how terrible – usually over something benign and ridiculous. If you really are lazy have to say 'yes, I am'. Can let it go if you catch it early enough.

RB: More to it ... but not sure this is the theme of the meeting. Abdil – in Tikliamish, intellectual center – how to get people to stop this behaviour – give them reasoned argument. Immediate impact, but later can't remember what was said. Powerful statement at the time, but something in you saying that it won't come to anything.

GM: p201 Abdil maybe speaking to higher centers. Causing emotional reaction, but not coming from intellectual.

RB: I have had experiences that brought me to tears – inner emotion – memorable occasions. Assumption that is what Abdil did. Gradually led to realization of truth – terrible murder for no good reason. Wastefulness of sacrifice.

GM: p202 – fragments spread to those who had not personally heard – trying to clean out something. Sacrificial-Offering – connected to higher centers?

R: Sacrifice of first born – higher. Zadik – Armenian feast. Could be resonance with higher center.

BD: At this present moment currently sacrificing species on the planet to the point of extinction. It is a sacrifice, although not intentional.

RB: Mankind taken over planet and made it is territory and excluded nature. Find it disturbing and believe there will be a price.

GM: Purpose – everything has a purpose. When you start killing off – committing an obscene act.

RB: Nature knows how to take care of herself. Obscenity in terms of the abuse of nature, but we are going to be taught a lesson.

BD: Our bodies are filling up with plastic. Sacrifices of that time were disturbing cosmos, so what is happening now major disturbance.

RB: Was politically motivated when I was younger and thought in those terms. When I joined the Work eventually realised that most of politics is imagination driven by emotional thought. Idea of achieving anything beneficial through politics is a fantasy. We should advocate for cleanliness. If I find I have left something dirty ... mother's voice comes "cleanliness is next to godliness". Biggest criminals are governments and large corporations.

J: What animal sacrifice is allegorically? Of one or two-brained – moving center and emotional

– ignoring or not giving attention to those brains and living in an unbalanced way.

GM: Sacrifice our animal selves all the time – sex center, instincts, inner lion. MWRM – dogs. Have mad dogs in us.

LE: G and his companion sat down first – didn't run away – had to wait a long time before the young person came to take the dogs away.

G: Have to get above them – raise arms to work with them. Have to get below them if they are a bear. This is dormant in us. Not just the animal outside of us.

LE: We have to respond in the most appropriate way – in that situation in MWRM was the appropriate way. What do you think about sex center?

GM: Sex center connected with instinct. Most of us treat our sex center like sheep and it is more like a lion. Form of movements -opening up of the center. G met Reich in the 20's. He could have been a neuroscientist and a doctor. Knew about the essence also.

LE: My belief that the sex center and misuse of it is what is causing a lot of disfunction in human beings. From pornography being prevalent to discussion with people that indicates they are not participating in normal sexual life. Stop having sex after a couple of years of marriage ... must have an effect on the psyche. Very uncomfortable thing to talk about – don't want to admit.

GM: Sex center isn't only about sexual act, sexual behaviour.

LE: Not saying totally that. If instinctual and being stopped ... All part of it.

[exchange about sex and abuse of sexual energy]

BD: Good discussion – root of everything.

J: G says in ISOM that if the sex center works with the correct energy all the others fall into line.

BD: How to get that to happen?

LE: Reich's work and about the importance of the orgasm. Veransky's book on G.

XJ: Can you tame the lion?

RB: I approach the sex center only from information I have from G or his direct pupils. Sex center has no denying part as with higher emotional or intellectual. Discussion has been about wrong work of intellectual or emotional center. Situation in US and West probably same as before. Have this idea of romantic love and in the culture – tracts about romantic love – abuse of emotional center. Propaganda put out and novels – romantically in love and have sex and reach nirvana. Makes youth more inclined to wrong work of centers. Abuse by intellect – pornography. How people enjoy themselves emotionally – sex attached to some idea of love. Intellectual center capable of being obsessed with even the most boring part of physics, so no surprise it can get excited about different sex acts. Moving center is reduced to creating pictures – of pornographic, or emotional. Don't think this section has anything to do with sex center – it is dealt with in the third section of the book.

RD: Martyred and buried on Mars and G's wife was introduced. Higher emotional and have to master ourselves. Albion's Isles – frozen meat and Indian question. Have to live it more sincerely and maybe sacrifice something more important.

RB: Main thrust of this section. Connects with the idea that in order to perfect yourself you have to sacrifice your suffering. What is that suffering? People won't sacrifice their suffering.

Yes, there is a martyr situation. Abdil – servant of the heart.

BD: Closer to Osiris.

RB: We have words for the suffering in the Work. Inner Considering – sacrifice of a 2 brained being. Would have to sacrifice in order to not inner-consider. Keeping accounts – tendency to vengeance.

GM: How does remorse fit into that?

RB: Something that bites twice. If you know you are doing it. Feel remorse.

BD: Dismemberment – have to do in sections.

RB: That is wonderful!

RB: Only part that can be connected with higher centers. Took to Mars to put into the presence of the planet. When we die bodies going into the presence of the Earth. People at a higher level will take Abdil and move to ...

BD: Creates food for transformation. For that to happen on Mars means a significant shift.

GM: Planets?

RB: Allegory that G is running – 3 planets: Saturn, intellect, Emotional and Personality. Different map from organs of the body – functions of the psyche.

GM: In Chinese medicine, the organs do fit. Meridian systems and he knew all of this.

RB: Planetary system – what is the Earth? It is the digestive point of the Solar system – digests the influences ... stomach of the Solar system. Earth would be lower emotional center – doing different map. Can't connect these – where is Jupiter, Mercury, Uranus? All those planets have parts to play in the Solar system.

GM: Just think ... he doesn't explain the hydrogens, but you know – connect with different parts of the body. Saturn, Capricorn, Beelzebub ... doesn't mean he left out the others, just not talking about it. Or I have such an imagination that I am reading a whole different book.

RB: Beelzebub's reaction to the death of Abdil. *I have already told you, that I had begun to love him as one of my nearests. So when I learned about this terrible fact, there almost occurred in my whole presence a 'Skinikoonartzino,' that is to say, the connection between my separate being-centers was almost shattered.*

Does anyone know what this is?

LE: Yes.

RB: That happens – you receive a piece of information and you can't function any more. Not like you are thrown into essence. Can't function any more – broken.

LE: Nothingness. A galvanizing moment.

RB: The part that follows – he isn't really talking about having to find somewhere to take the body ... part of psyche/behaviour pattern that will come back and pound you again.

RB: Successful – decreased the amount of sacrifices. Deal with a problem in psyche and fights back, because of a specific sacrifice, can never have power it had before. Not been dethroned – same unconscionable people still in power.

LE: One person who made a considerable difference on a huge amount of people – one against

the many.

BD: Awakening of true conscience and can't go back to sleep again.

LE: Powerful to go against that many people.

RB: How to treat this as a lesson about the Work. B has introduced into the thinking center – represented as a Religion – what happened to you after you first met the Work and you did learn about inner psychic situations and started to see that these are real phenomena. Clear that you can interfere. We are Tikliamish, we have been Atlantis, we can no longer be the same again. Let's say I had a score of 1000 in level of inner-considering and now only 950. Still inner-considering all the time. This is what happens. WE understand the information and the knowledge of the Work is in us, but we haven't conquered any of these things.

BD: Still thinking about how Mrs Beelzebub is introduced. Unexpected and don't think she appears anywhere else. Think it was appropriate to raise the issue of sex in that light.

US Session

Attendees: Robin, Paula, Sandra Whitmore, James, Jeff Klopp, Bobbie, Stephen Frantz, Ronald, Richard Miller, Anthony Tan, James O'Donnell, Jeff Tripodi, John Amaral, Anne Little

SW: Grandmother? For 10 years I read this book and never noticed that Beelzebub's other half is mentioned and I don't think was anywhere else.

RB: Was the right time. Zirlikners are not only doctors, they are astrologers. On Karatas are assigned. Doesn't say to Hasein that that was the first time he met his grandmother. Doesn't appear that they are still together.

SW: First time they met and sons and Hasein came later. Never really think about his personal life.

RB: Can't date Tikliamish time ... for him to have Tooloof and Tooilan and then 12 years for Hasein ... probably doesn't add up mathematically.

SW: Besides the mention of passive half – 18th personal commandment – been ignoring all these numbered commandments and laws. Don't have a list of them anywhere. Another made into a world law – God forgives everything.

RB: Number 18 is significant, but don't know really why and that commandment. 18 relates to idiots – 21 and only 18 apply to man. He was put in jail for a time in Paris for currency smuggling or something. Prisoners asked him how many times have you been in jail and he said this is the first time and they laughed at him for being such a neophyte. Caught with money hidden - think he organized for it to be discovered - and when he went into jail again, he told them he had been in 18 times.

BP: Maybe a connection with the enneagram – 9 / 18

RM: He talks in Theosophical ... can turn 18 into 9

RM: Clean and unclean – lion not something you mess with. Then example of cat and dog. Cat will remember and get revenge. God wouldn't be happy about how we treat his creation, but forgives us. Can and man have consciousness. God, Lion, Cat, Man, Dog ... don't know where to go with it. Abdil is killed – because he is sacrificed in a certain sense. Not a cat and not a lion, something that can be sacrificed.

BP: Is Abdil lower emotional center?

RB: Higher part of normal emotional center – seems to be. Name means servant of the heart. Isn't higher emotional, that is G's role.

BP: Working in Tikliamish – have a conflict.

RB: Not necessarily – 90 % of people are moving centered, 8% moving centered and rest intellectual. Might just be the men because lots of women are emotionally centered. Doesn't have to be conflict between intellectual and emotional.

BP: Abdil's death – was some conflict

J: Conflict between yes and no?

RB: Allegorically this is the conflict between yes and no.

SW: Abdil not a sacrifice – it was a murder by Hasnamuss.

R: Events that can lead to remorse of conscience and instead we self-calm. Abdil said they are all God's creation and don't get rid of them. There are voices in us that will try and accomplish permanent self calming.

SF: And relates to yes and no. Hears voice from above, recognises truth and others fall behind it for a while ... then make sure that higher voice doesn't stay in charge for long – too disruptive.

JT: Abdil like magnetic center?

SF: Seen voices inside me allow me to forget that I was interested in this Work for periods of time – happily not for ever ...

SW: See this play out many times ...

BP: Abdil put himself in that position

SW: Saw him as a Christ figure. Ascending to Mars. Mirror of that allegory.

RB: Implication of a Christ like sacrifice is there. Could be said to be similar. Stood up to speak on feast of Zadik in Tikliamish. Zadik is Armenian for Easter. So pointing towards ... not the Christian crucifixion story, but is an echo of it. Sacrifice of Socrates was an earlier model for the death of Christ. Refused to leave Athens and chose to drink hemlock instead. Dismemberment resembles the hacking to pieces of Osiris. G made all the decisions – could have had him poisoned, run through with a spear ... but had him hacked to pieces.

J: Daughter of Isis was a lioness goddess.

RB: *I repeat . . . a lion is unclean simply because men are afraid of it; it is a hundred times higher and stronger than they;*

Going to have to look into this. Gornahoor Harharkh is similar to Egyptian name. Possible that G is introducing Egyptian themes.

RM: Writer who models his book on the gospels and is anathematized by power possessing beings. Something here that threatens powers of other priests.

RB: That writer was Tolstoy – wrote his own version of the gospels. And G is calling into question many things about Religions: Islam, Lamaism ... in the position of Tolstoy except he isn't, because he is writing stuff that nobody wrote before. Not a reworking of the gospels. Abdil preaching against established church. Like the comment: is this battle of yes and no.

RB: Very specific things G said about sacrifice – only thing you can sacrifice is your suffering and people not willing to give up. Battle between self calming and not. Various aspects of

essence/emotional side – 2 brained beings.

SW: Aspects of Essence – is it not a unity? Emotional pain, physical pain?

RB: An aspect is a piece – leg, arm ... essence is original and may have a unity, but is fragmented because it is almost never in charge. Only when personality fails. Is essence and emotional center same thing, no; does essence dominate emotional life? Higher emotional center doesn't think like that – words are a thing of intellectual center.

SF: Reminded of the arousing of thought again. May not be pleasant. Prospect of waking up is going to cause a huge threat inside oneself and society at large. Dismemberment – disbursed inside so can't remember what it is like to approach unity. Cats – lion is a cat – dogs symbol for habits, so cats must be something specific.

RM: Reminds me of passage in MWRM – workshop and approached by high ranking military person to fix typewriters and is offended and mentions that he is going to get back at him. Plays a role, but is going to make them pay. Acting like a cat in that passage.

SW: Vengeance mentioned at least 3 times. Lack of vengeance of God, priests on Abdil, Cat.

JT: Think of lion as king of jungle and instinctive center.

J: Fully potentialized properties of cat.

RB: Ouspensky used to say cat is strong in instinctive. Lion symbol of emotional center – Sphinx. Associated with Leo. Potent symbol from a long time ago.

RM: MWRM – find out what sort of bird this officer is – know what cats do to birds.

SW: Cat occupying gradation of consciousness of self.

RB: Ouspensky stated that cats know where their bodies are.

RM: p200 ladder of evolution

RB: Tales mentions gradations of reason in many contexts and it will be important to get all hat together.

JT: Consciousness of cat of its own body superior to ours?

RB: Someone said Ouspensky thought cats didn't identify ... except when there is a little bit of salmon around.

J: Against the law in ancient Egypt to kill a cat.

RB: Used to work in a shipyard and they had a rat problem and they got cats in and then they had a cat problem.

JT: Just did that in Chicago – released 1000 cats because of the rat problem.

BP: G was said to have made cat-like movements

SF: A lion is cleverer – makes me think about the position of humans – cats may only be 2 brained beings ... but do more than humans do. Doing better with 2 brains than I am doing with 3.

RM: Etymology of clever https://www.etymonline.com/search?q=clever&utm_source=extension_submit

SW: Albion's Isles again – English were explorers.

J: Root albus which is white – probably to do with white cliffs of Dover.

SF: Rescued Abdil after he had been killed.

JT: And then taking to Mars for a special burial.

SW: to the presence of the Planet Mars.

RB: Strange turn of phrase. Planets have atmospheres in magnetic sense that stretch far. Remains when we die given up to the presence of the planet Earth.

RM: Organic Life?

SW: everything

RB: Distinction between organic life and the presence of the planet presume he is referring to substances that make up the crust which is mostly organic matter.

R: Part of its presence is all of the centers, not only physical.

RB: It is an entity

JT: Why Abdil will be the first and last to get to Mars?

SW: Maybe kind of a jab – no-one else able to get there

RB: It is odd. Other saintly individuals? Abdil devoted himself to God.

R: Taken there for protective reasons and makes me think of sinking of Atlantis – protected from daily life

SW: And Most Great Archangel ‘Setrenotzinarco’ – what is the command?

R: And the story reached him – if it hadn’t Abdil’s soul wouldn’t have done as well.

SW: And related to Abdil having the possibility of perfecting himself.

RB: Information about the soul of man being threaded into this.

RB: Have to look at this in the same way we looked at Atlantis. Parallel with what happens when we enter the Work. Allegories have multiple aspects. This chapter, the second descent. Another early stage in the Work where you find out various things – negative emotion wastes energy, stops presence, necessary to struggle with it. Given exercise for non-expression of negative emotion, which we can’t do. It is the minor ones – disapproval, despondency, self-pity, fear. All readable in face. So non-expression of negative emotion is about not infecting other people with negative emotions. This is the sacrifice of two brained beings. In order to maintain our habits of negativity, we are sacrificing parts of ourselves. When we keep accounts ... someone does something that offends me and I think I’ll get him back. Keep account – sacrificing two brained being that knows how to be generous and give. To the god of self calming. Gods and idols. Word idol implies physical representation of a god. About the battle the intellect has to have about sacrificing parts of ourselves.

If I found the body of the individual killed ... would dig it up and throw stones at it. I can’t let go of my revenge. By removing his body, celebration of revenge will dissipate.

SW: Answers questions about giving up suffering.

RM: Made me think about sacrifice of one brain – loss of sensation, second brain is feeling/emotion.

RB: Came across a quote from Gurdjieff – no growth in being without corresponding growth

in sensation. Why are we suppressing sensation? People didn't sacrifice one-brained beings. We sacrifice our sensation.

RM: recall from Ouspensky theory of James and Laing. Experience impressions and our body reacts and mix with emotions. Sacrificing our suffering is imaginary suffering – not actual sensation. When I hear words and feel heart beat faster

RB: Mentions early on taking ephemeral for real.

SF: When we sacrifice an emotion – people talk about that all the time. I sacrifice sensation by becoming oblivious – not aware of things that are there (snails in my backyard). Obliviousness.

RB: I was taught to do preparation for 20 mins in the morning – trying to sense the body. Difficult habit to acquire. Now the body will sometimes just appear. Until this meeting didn't occur to me that not sensing is the sacrifice of a one brained being.

J: Preparation every morning ... this evening with people and was sensing. Do we ever have sensation exercise before the meeting?

RB: Can do very quickly. Just get people to sense their body. Will do this.

SF: *“Anyhow, this was the first and surely will be the last what your favorites call 'grave,' for a being of the planet Earth on this so near yet so far and, for the terrestrial beings, quite inaccessible planet Mars.*

So near, yet so far. Sometimes feel it is very close ...

AT: Mentioned gradations of Reason. Help others reach Sacred Martfotai ... What are the chances of reaching Sacred Anklad?

RB: Sacred Martfotai from Sufism. Man of Light. Most of the information on the gradations of reason not in the first 2 volumes.

J: Higher gradations of reason above Martfotai?

RB: about 6 – highest of which Sacred Anklad. So near and yet so far reminds me of Mdm de Salzman. Idea that you are always getting taken. Active force in the intellect, but you always get taken. But if you can put yourself in front of all of that then nothing below can combine with you, so something from above is going to combine with you. Read Reality of Being very slowly.